



האוניברסיטה העברית בירושלים  
THE HEBREW UNIVERSITY OF JERUSALEM

Dear HUJI international community members,

**This email contains many essential notifications, please read them carefully.**

We hope this message finds you well. In light of the ongoing situation in Israel, we want to address some important matters concerning your travel plans and well-being.

First, I would like to invite the international community that are currently in Israel to an Open Zoom Meeting with the Ms. Jane Turner, the Head of HUJI International Office, and a representative of the University's Psychological Service. The meeting will be held today at 3 pm IDT. The link to the meeting - <https://huji.zoom.us/j/83514706794?pwd=RXphSTNINVVGeERNUWITdnRnSVVaUT09>

**Travel Advisory for Students Yet to Arrive in Israel:**

If you have not yet arrived in Israel and are currently planning to do so, we strongly recommend postponing your trip until further notice. The situation in Israel is characterized by uncertainty and logistical challenges that may affect your travel experience and safety. Your well-being is our top priority, and we want to ensure that you can travel to Israel under the most favorable conditions.

See attached an announcement regarding automatic visa extension.

**Update on Your Current Status:**

For those of you who are already in Israel or have recently arrived, we would like your help in providing us with some essential information.

In order to offer appropriate support and guidance during these challenging times, we request that you complete the following form ASAP - <https://overseas.huji.ac.il/updates/>

The form will help us assess your situation and address any specific needs you may have. Your responses will be treated with the utmost confidentiality.

**Emergency Preparedness:**

As part of the emergency preparations, in some emergency situations, we may have to stay secluded in the house for a long period of time or evacuate from it. For this reason, it is essential to prepare in advance, important items that will be within reach, and will allow us to survive for 24 to 72 hours, until help arrives.

### Recommended List of Emergency Supplies

To be well prepared in advance for any scenario, prepare a designated emergency kit and place it in an accessible location, for example, in your protected space.

Following is a list of recommended supplies for emergencies:

- Water supply (at least 3 liters per person) and dry food items. Make sure to replace expired items as needed.
- A battery-operated flashlight or other lighting means.
- Means for receiving alerts and updates – a battery-operated radio, mobile chargers and extra cell phone batteries.
- Medications.
- A first-aid kit.
- Important documents and cash – a photocopy or digital copy of medical, identification, personal, and financial documents, and an extra copy of these documents should also be kept outside your home, as backup.
- Family-specific supplies – such as a pair of prescription glasses and baby items.

In the event that you hear a siren, you will need to enter the nearest protected area. Once you have entered the protected area, you should remain there for 10 minutes. It is important to familiarize yourself with the instructions in the event that you find yourself in an area at the time of a rocket attack. Please take a moment to review the instructions of the Home Front Command in case of a rocket attack - [Home Front Command instructions](<https://www.oref.org.il/12761-en/Pakar.aspx>) (please note that this link may not work outside of Israel).

We recommend that you download the Home Front Command app [here](#).

### **Support:**

Please be advised that the Hebrew University is prepared to help our international community as needed.

If you have any questions or require further assistance, please do not hesitate to contact us. Due to the situation, our response times may be longer than usual. We understand the importance of your inquiry and are doing our best to address it as soon as possible:

Our committed social counselors - [madrachimlife@savion.huji.ac.il](mailto:madrachimlife@savion.huji.ac.il)

Lina Chubukin - [rislife@savion.huji.ac.il](mailto:rislife@savion.huji.ac.il)

Almog Alfi - [almogalfi8@gmail.com](mailto:almogalfi8@gmail.com)

### **Emergency Contacts:**

In case of an emergency, or if you feel stressed or confused because of the situation, please contact our 24/7 emergency line – 0548820217. We are here for you.

**University Security Department Line: Mt. Scopus campus 02-5883000/Safra campus 02-6585000/Ein Kerem campus 02-6757000/Rehovot campus 08-9489000**

Additionally, below are additional resources for mental health support:

- Natal - National Trauma Center: Call 1800-363-363
- Crossroads - Mental Health Support: Call 02-624-6265
- Eran - Mental Health Support: Call 1201.

Finally, in times of uncertainty, it is helpful to stay informed. We suggest the following English media outlets to remain informed:

- Times of Israel: [Times of Israel](<https://www.timesofisrael.com/>)

- Ynet English news: [Ynet English News](<https://www.ynetnews.com/category/3083>)
- Israel I24 News: [Israel I24 News](<https://www.i24news.tv/en>)

We recognize that this is a time of uncertainty and change, and we are committed to ensuring your safety and well-being throughout your journey. Your cooperation and prompt responses are greatly appreciated.

Once again, we remind you that we are here to answer any questions that you may have at this challenging time.

With hope that calm is soon restored to the region.

**Raz Rabinovich** | Director

**Division of International Community Support Unit & Welcome Center |**

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\*\* ל מחוץ לשעות העבודה. אינני מצפה למענה בשעות אלה" לעיתים אני שולח הודעות דוא \*\*

\*\* I occasionally need to send emails outside of working hours. There is no expectation of a response.\*\*