

Trauma and Resilience: Theory and Practice from the Israeli Experience

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INTRODUCTION TO TRAUMA AND COPING

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EXPERIENTIAL WORKSHOP: TRAUMA TREATMENT

Herman, J. (1997). Remembrance and Mourning. In: Herman, J., *Trauma and Recovery*, Basic Books.

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PTSD, RESILIENCE AND GROWTH

PTSD AND RELATED DISTRESS

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DEVELOPMENTAL PERSPECTIVES ON TRAUMA

Chemtob, C. M., Gudiño, O. G., Luthra, R., Yehuda, R., Schmeidler, J., Auslander, B., ... & Panzer, P. G. (2016). Child Trauma Exposure and Posttraumatic Stress Disorder: Identification in Community Mental Health Clinics. *Evidence-Based Practice in Child and Adolescent Mental Health*, 1(2-3), 103-115.

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CATEGORIES OF TRAUMA

TREATMENT OF COMPLICATED GRIEF

Baum, N. L., Ginat, R., & Silverman, P. R. (2013). Childhood bereavement and traumatic loss. In: R. Pat-Horenczyk, D. Brom and J.M. Vogel (Eds), *Helping Children Cope with Trauma: Individual, Family and Community Perspectives* (pp. 66-78). New York: Routledge

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civilians exposed to war: The roles of intrapersonal and interpersonal sources of resilience. *Journal of Clinical Psychology*, 70(12), 1227-1239.
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COMPLEX TRAUMA

HOLOCAUST SURVIVORS AND INTERGENERATIONAL PERSPECTIVE

Baum, N. L., Rotter, B., Reidler, E. (2009). Building resilience for Holocaust educators. *Interdisciplinary Journal for Holocaust Educators* 1(Fall), 81-88.
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NEGLECT AND ABUSE OF CHILDREN

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EMOTION REGULATION AND TRAUMA

TRAUMA AND EMOTION REGULATION

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TREATMENT PRINCIPLES AND INTERVIEW TECHNIQUE

Benish, S.G., Imel, Z. E., Wampold, B.E. (2008). The relative efficacy of bona fide psychotherapies for treating post - traumatic stress disorder: A meta - analysis of direct comparisons. *Clinical Psychology Review*, 28(5), 746-758.
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TRAUMA AND DISSOCIATION

Brand, B. L., Sar, V., Stavropoulos, P., Kruiger, C., Korzekwa, M., Martínez- Taboas, A., & Middleton, W. (2016). Separating fact from fiction: an empirical examination of six myths about dissociative identity disorder. *Harvard review of psychiatry*, 24(4), 257.

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MILITARY TRAUMA

PROCESSING COMBAT EXPERIENCES

Baum, N. L., Brom, D., Pat-Horenczyk, R., Rahabi, S., Wardi, J., & Weltman, A. (2013). Transitioning from the battlefield to home: An innovative program for Israeli soldiers. *Journal of Aggression, Maltreatment & Trauma*, 22(6), 644-659. doi: 10.1080/10926771. 2013.805174

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MORAL INJURY IN THE MILITARY

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TRAUMA TREATMENT: BODY-MIND APPROACHES

THE THIRD WAVE OF TRAUMA TREATMENT

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MDMA-ASSISTED THERAPY

SOMATIC EXPERIENCING AND MINDFULNESS

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CONCLUSION

HELPING THE HELPERS

Baum, N. (2010). Shared traumatic reality in communal disasters: Toward a conceptualization. *Psychotherapy Theory, Research, Practice, Training*, 47(2), 249–259. doi:10.1037/a0019784

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