



Rothberg International School
בית הספר לתלמידים מחו"ל ע"ש רוטברג
האוניברסיטה העברית בירושלים
THE HEBREW UNIVERSITY OF JERUSALEM



Trauma and Resilience: Theory and Practice from the Israeli Experience Summer 2019 Schedule

Room 301, Rothberg School for Overseas Students,
Course directors: Danny Brom (050-8288011) and Sarit Schramm-Yavin (054-5439489)
Course coordinator: Aliza Naiman (058-7018544, Whatsapp: +1 410-301-4015)

Day	Time	Activity	Facilitator
Sun. June 30	Introduction to Trauma and Coping		
	Session 1 9:00-9:30	Opening	Danny Brom and Sarit Schramm-Yavin
	Session 2 9:30-10:30	Experiential opening workshop on trauma—sharing personal stories, what brought you to the course, expectations	Danny Brom and Sarit Schramm-Yavin
	Session 3 11:00-12:30	Basic concepts in survival mode and trauma	Danny Brom
	Session 4 13:30-15:00	Overview on coping	Danny Brom
Mon. July 1	PTSD, Resilience and Growth		
	Session 1 9:00-10:30	PTSD and Related Distress	Anna Harwood

	Session 2 11:00-12:30	Developmental Perspectives on Trauma	Sarit Schramm-Yavin
	Session 3 13:30-15:00	Resilience	Sarit Schramm-Yavin
	15:15-16:30	Post-traumatic growth	TBA
Tues. July 2	Categories of Trauma		
	9:00-10:30	Treatment of complicated grief	Nili Lavi
	11:00-12:30	Working with refugees	Martin Auerbach
	13:30-15:00	War and Terrorism: Civilian Populations	Danny Brom
	15:15-16:15	Processing exercise	
Wed. July 3	Complex trauma		
	9:00-10:30	Holocaust Survivors and Intergenerational perspective	Danny Brom
	11:00-12:30	Neglect and Abuse of Children	Naomi Ruhman
	13:30-14:30	Trauma and Dissociation	Danny Brom
	14:45 - 16:15	Reconciliation between Israelis and Palestinians	Salim Munayer

Thurs. July 4	Emotion Regulation and Trauma		
	Session 1 9:00- 10:30	Trauma & Emotion Regulation	Sarit Schramm- Yavin
	Session 2 11:00- 12:30	BEAR Demonstration	Sarit Schramm- Yavin
	Session 3 13:30- 15:00	Neurofeedback	Einat Rogel
	15:00 – 16:00	Processing exercise and week summary	
Friday & Saturday			
Sun. July 7	Principles of Trauma Treatment		
	Session 1 9:00- 11:00	Experiential workshop: Trauma treatment – how it looks and feels	Joel Wardi
	Session 2 11:15- 12:45	Trauma Treatment Principles and Interview Technique	Danny Brom
	Session 3 13:45- 15:15	Cultural competency: the Ethiopian community in Israel	Asher Rachamim
Mon. July 8	Military Trauma		
	Session 1 9:00- 10:30	Resilience and the Military: Working with Soldiers as they transition to civilian life	Alon Weltman

	Session 2 11:00 – 12:30	Moral Injury in the military	Yonit Schorr
	Session 3 13:30- 15:30	Participant Presentations	Danny Brom
Tues. July 9	Field Trip: Sderot and the Bedouin community		
Wed. July 10	Trauma treatment: body-mind approaches		
	Session 1 9:00- 10:30	The Third Wave of Trauma Treatment I	TBA
	Session 2 11:00- 12:30	MDMA-assisted therapy	Keren Tzarfati
	Session 3 13:30- 16:00	Somatic Experiencing Workshop	Vered Nuriel Porat
Thurs. July 11	Conclusion		
	Session 1 9:00- 10:30	Helping the Helpers	Shimrit Frankel
	Session 2 11:00- 12:30	Closing Workshop: Fishbowl	Danny Brom
	Session 3 13:30- 15:00	Summary and Feedback	Danny Brom and Sarit Schramm- Yavin

	Session 4 15:00- 15:30	Closing & Distribution of Certificates
	15:45	Evaluation (bring computer or mobile device)